

Ben Billings

Mount Desert Island Hospital

Ben Billings is a HR & Wellness Manager with Mont Desert Island Hospital, in Bar Harbor Maine.

Ben has 15 years' experience in the employee benefits and wellness industry.

Prior to his role at MDIH, Ben was the Wellness Program Coordinator for The Jackson Lab, where he reduced overall health and lifestyle risks across the population which aided in keeping healthcare expenditures flat for 8 years.