## WORKPLACE WELL-BEING Wellness FOR SAFETY PROFESSIONALS CERTIFICATION WWSP 10

#### **EXPAND YOUR SKILLS AND KNOWLEDGE** WITH THE WWSP\_10 CERTIFICATION.

Well-being is a critical element of a safety culture. Data shows that ensuring a safe and healthy workforce improves outcomes including reduced injuries and absenteeism and promotes higher



employee productivity and morale. In other words, well-being is critical for business success.

Scan the QR code to enroll

# WHAT TO EXPECT

#### **COURSEAT-A-GLANCE**



#### **TOPICS COVERED:**

- The critical connection between wellbeing and safety
- True cost of poor employee health
- Mental health first aid
- Psychological safety
- Motivational Interviewing, Active Listening, and Solution driven approaches
- Understanding the ROI

#### For more information, contact: Training@WellnessWorkdays.com

#### FORMAT:

- On-demand video training
- Activities and resources
- Complete the course anywhere, anytime at your own pace

### **DID YOU KNOW?**

Safe and healthy workplaces have more satisfied workers who produce higher quality products and services, return to work more quickly after an illness or injury and have higher employee retention.