



Wellness Workdays Tracking Software

An EMR for Health Coaching

Systematic Approach Drives Outcomes

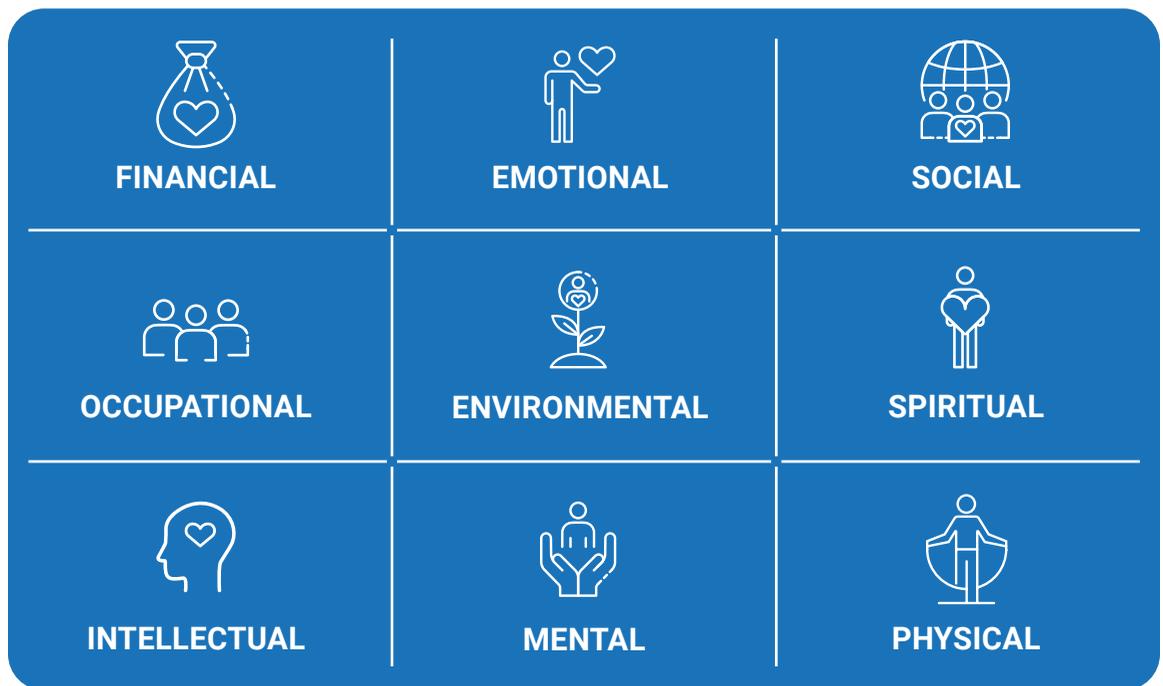
Customized approach. Exceptional results.

Our proprietary coaching tool serves as an Electronic Medical Record (EMR) for Health Coaching. Our software uses physician-driven protocols that take the guesswork out of coaching and provide a systematic and guided approach to an industry that has many certifications but few standards.

Use our proprietary software to collect, analyze and report measurable changes and successful population health outcomes for your corporate wellness program.

Well-Being Assessments

Evaluate and target all aspects of well-being. Your Health Coach can administer an intensive assessment in each of the following areas and identify strategic areas for improvement.





Clinically Proven Results

The Wellness Workdays Tracking Software (WWTs) utilizes physician-driven approaches, motivational interviewing and the science of behavior change to deliver results.

The WWTs can be licensed to track, document and drive outcomes for your coaching program. The platform includes a comprehensive Health Risk Assessment (HRA), encounter documentation, chronic condition management tools and many other features.

Technology Features

- ✓ Physician-driven protocols
- ✓ Chronic condition management
- ✓ Robust data analytics & reporting capabilities
- ✓ Population and cohort data tracking
 - Health outcomes
 - Biometric history
 - Cost risks
- ✓ HIPAA compliant and secure data storage

WWTs Advantages & Benefits

- ✓ Quality assurance of health coaches
- ✓ Comprehensive Health Risk Assessment
- ✓ Manage gaps in care
- ✓ Track encounters
- ✓ Guide behavior change interventions uniformly
- ✓ Comprehensive data analysis and reporting
- ✓ Print reminders and physician letters

Real Results

Reliably measure your results.

By using WWTS, participants achieve healthy behavior changes that impact their quality of life. These changes reduce health care expenditures among participant groups through an initial health risk assessment, motivational interviewing, chronic condition management and closing open gaps in care.

DEMONSTRATED OUTCOMES

*Organizations that use WWTS achieve the following:

72%
HIGH BLOOD
PRESSURE

85%
PROGRAM
PARTICIPATION

67%
PHYSICAL
ACTIVITY

69%
HIGH-RISK
POPULATION



55%
TOBACCO
USE

**Across the entire OMC Book of Business.*

What We Offer

OMC Wellness understands how to promote outcomes and measurable changes regardless of your company type or size. We have a proven track record of lowering health risks, promoting cost savings and driving outcomes for our client partners.

Contact Us

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