

Debra Wein, MS, RDN, LDN, CWPD

CEO & Founder, Wellness Workdays

CEO, OMC, A Wellness Workdays Company

Program Director, WW Dietetic Internship

Debra founded Wellness Workdays in 2004 and has over 20 years of experience working in the health and wellness industry. She is a nationally recognized expert on health and wellness designing award-winning programs for organizations across the country.

She is also the Program Director of the Wellness Workdays Dietetic Internship, one of the largest nationally accredited programs in the United States, training future Registered Dietitians in the areas of worksite wellness and health promotion, nutrition and entrepreneurship, and nutrition communications and marketing.

Debra holds undergraduate and graduate degrees in nutritional sciences and applied physiology from Cornell and Columbia Universities.

Debra's success has presented her with a variety of opportunities. She is a member of the Steering Committee and Director of Alumnae Engagement for the President's Council of Cornell Women (PCCW), a group of highly accomplished women including Judge Ruth Bader Ginsburg, Janet Reno, Senator Gabriella Giffords, Mae Jemison, Irene Rosenfeld and many others; a member of the Cornell University College of Human Ecology Dean's Advisory Council; and a member of the Executive Committee of the American Cancer Society's Women Leading the Way to Wellness.