

Kristina Ewing
Andersen Construction

Combining over seven years of retail management and 16 years in the construction industry, Kristina Ewing brings a unique approach to the Wellness and Benefits space.

After 12 years in finance for Andersen, she took on a new challenge to become the Wellness and Benefits Manager for its four regional offices.

The company's goal is to be known as the "Employer of Choice", and to achieve this Kristina developed comprehensive programs that are health-focused, service-oriented, and fiscally responsible.

Her dedication to holistic wellness extends to the families of our team members and has made it a priority to build relationships with spouses in addition to employees.

Kristina currently serves on several industry-wide committees dedicated to prioritizing physical and mental health, helping to eliminate the stigma around care and dismantle barriers to entry. Her personal passions include random acts of kindness, being an "amazeballs" aunt to her nieces and nephews, and hiking with her Irish Wolfhound, Rooney.