



## **Amy Marzluff**

Amy is a Certified Dream Manager, a Holistic Health Coach and Transformational Mastery Coach. Amy founded Craving Your Potential Wellness in order to help people and businesses become the best-version-of-themselves. As a Certified Dream Manager®, Amy leads individuals and corporate teams to become fully engaged in their lives and work in order to achieve greater success and fulfillment.

Amy's heart-centered approach has helped hundreds of clients over the last 13 year. She coaches her clients to live healthier, happier, more empowered and balanced lives by focusing on areas such as nutrition and wellness, positive mindset, emotional intelligence, healthy relationships, career, passion, creativity and spirituality.

Amy has a Bachelor's degree in Finance from The Ohio State University. Prior to becoming a Health Coach in 2006, Amy spent 15 years as an IT Project Manager. She left her corporate career to follow her passion and commitment to creating positive change for herself, for others and for the world.

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